

Ann Kelle

# "Heart" Pillow Pattern

Pattern by: Anna Joy Pham



# Heart Pillow Pattern

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*Before your start, please read all of the instructions before your begin. Some previous basic sewing and quilting knowledge will be required to construct this pillow including freehand quilting and making & attaching a binding. Seam allowance is 1/4".*

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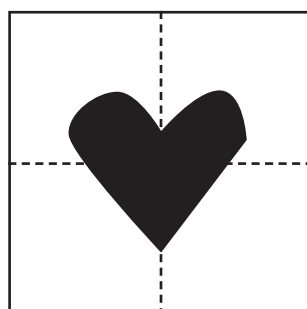
## Materials

- 16.5"X 16.5" Kona White for pillow top
- 16" X 12" Kona White for envelope closure
- 16" X 10" Kona White for envelope closure
- 16.5" X 16.5" White Muslin for backing
- 16.5" X 16.5" Batting
- 10"X10" Ann Kelle's Remix Spring Butterfly fabric
- A sheet of Wonder Under
- Mark-B-Gone embroidery pen

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## Directions

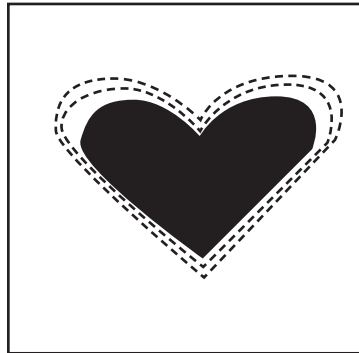
1. Cut your materials.
2. Print out your "heart" image.
3. Place your sheet of Wonder Under on top of your image. Trace the image with a pencil on the paper side of your Wonder Under.
4. Cut apart the heart. **NOTE: Do NOT cut the actual image of the heart out.** Leave extra room around the heart. We will cut out the heart image after they are ironed onto the fabric.
5. Press with an iron the Wonder Under image down on the fabric designated for each letter. Make sure the fabric is facing **wrong side up** when your press the Wonder Under sticky side down on it.
6. Let your piece of fabric cool and then cut out the heart image.
7. Take your 16.5"X16.5" Kona White fabric and lay your heart on top. I eyeballed the heart until it looks like it is in the middle but if you want to be exact, draw a line down the middle and another line across the middle. The lines will help you line up the heart so that it is close to the middle as possible.



8. Baste your backing, batting, and top together. Now you're ready to applique.

9. Sew about a couple of mm's away from the edge of the heart using a straight stitch. You can also use a blanket stitch or a zig zag stitch.

10. Next, you'll want to sew about 1/4" away from the edge of the heart. Sew around it twice.



11. Square up your pillow top down to 16"X16".

12. Take your 16"X12" Kona White. On the 16" side, fold down the edge about 1/2" and press with your iron. Fold your pressed edge again and press. Do the same to your 16"X10" Kona White.

13. To secure your pressed edges, stitch as close to the opening as you can. Now your folded edges are sewned down.

*You should sew as close to the opening as you can on the folded edge.*



14. Take your pillow top and place it right side up. Take your 16"x12" Kona White and put it on top of the pillow top, right sides together. The sewned edge can either face to the left or the right. Take your 16"X10" and place it on top of the otherside.

15. Pin the fabrics down to the pillow top.

16. Sew around the pillow.

17. Next, you will want to finish your seams. Either overlock or zig zag stitch around the edges of the pillow.

18. Turn your pillow right side out and put a 16"x16" pillow form inside.

19. Dab the blue embroidery pen ink with water until it disappears.

20. Do a dance because you just finished your lovely Heart Pillow!

